

CONFRONTING ISSUES IN YOUR RELATIONSHIP

Directions

When working on your relationship it is a good idea to remember that “success breeds success.” With this in mind, you can use this worksheet to help you decide which issues in your relationship are important to both of you, and can also be addressed relatively easily. Make two copies of this worksheet, one for you and one for your partner. Then compare your answers and discuss a common issue than is a high priority and is relatively easy to change.

Your Relationship Issues

Issue 1. _____

This issue is: High Priority Low Priority

This issue is: Easy to Change Difficult to Change

Issue 2. _____

This issue is: High Priority Low Priority

This issue is: Easy to Change Difficult to Change

Issue 3. _____

This issue is: High Priority Low Priority

This issue is: Easy to Change Difficult to Change

Issue 4. _____

This issue is: High Priority Low Priority

This issue is: Easy to Change Difficult to Change

Issue 5. _____

This issue is: High Priority Low Priority

This issue is: Easy to Change Difficult to Change