

# TEACHING YOUNG CHILDREN TO LISTEN TO A PARENT'S REQUESTS

## “Mommy (Or Daddy) Says”

**Object:** To teach children to practice doing what parents ask them to do.

**Ages:** 4 and up

**Time:** 5-10 minutes

### **How to Play**

This game is played just like the classic game Simon Says, except that instead of just doing silly things, children are directed to do things like clear the dinner dishes or clean up their toys. The game is also used as an opportunity to praise children for being cooperative.

Here's an example of how it works:

*Mommy says put your hands on your head.*

*Mommy says put your hands down. Good listening.*

*Put your hands up.*

*You didn't do it?*

*Good, because Mommy didn't say to do it.*

*Mommy says put your hands up.*

*Mommy says put hop on one foot.*

*That's great.*

*Mommy says take your books over there and put them in a pile.*

*Great!*

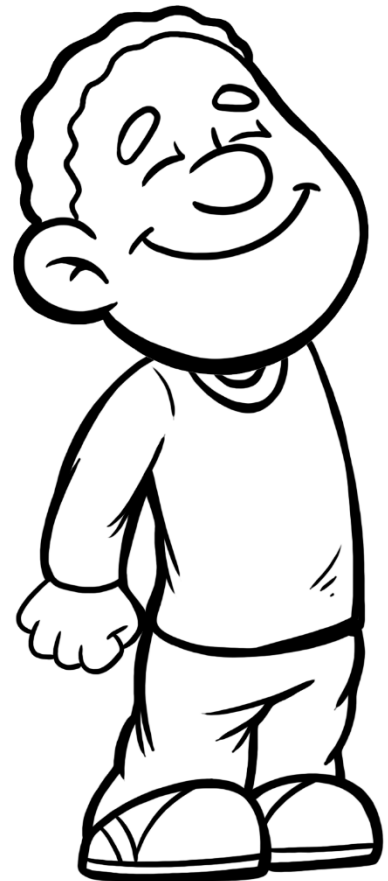
*Now Mommy says pick up your blocks and put them in a box as fast as you can.*

*Wow you're fast!*

*Stand up. You didn't do it!*

*Good listening.*

*Now Mommy says take a bow because you cleaned up your toys!*



Of course this game is also lots of fun in a school setting when played with young children.