

# Motivational Bookmarks

Use these bookmarks to remind you of the importance of your thoughts, attitude, values, and behaviors in shaping your happiness and sense of self.

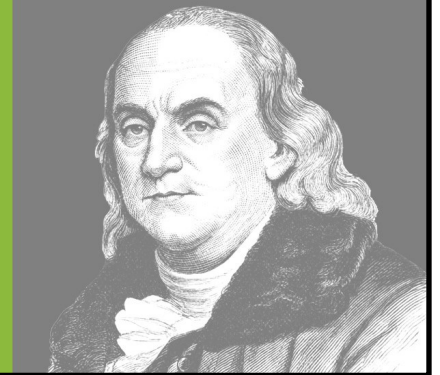
*"Our greatest weakness lies in giving up. The most certain way to succeed is always to try just one more time."*

*Thomas A. Edison*



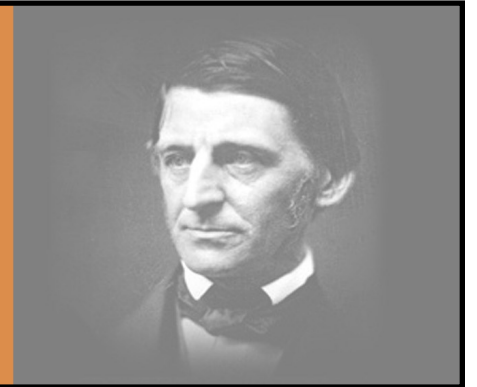
*"By failing to prepare, you are preparing to fail."*

*Benjamin Franklin*



*"For every minute you remain angry, you give up sixty seconds of peace of mind."*

*Ralph Waldo Emerson*



*"No one can make you feel inferior without your consent."*

*Eleanor Roosevelt*

