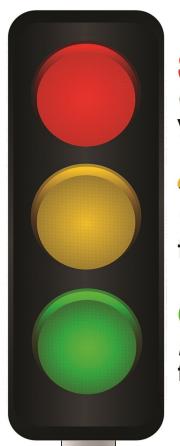
THINK BEFORE YOU ACT



STOP

COUNT to 10 while you breathe deeply.

THINK

THINK about different things you can do.

GO

DO what will be best for you and others.

THINK BEFORE YOU ACT



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COUNT to 10 while you breathe deeply.

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DO what will be best for you and others.