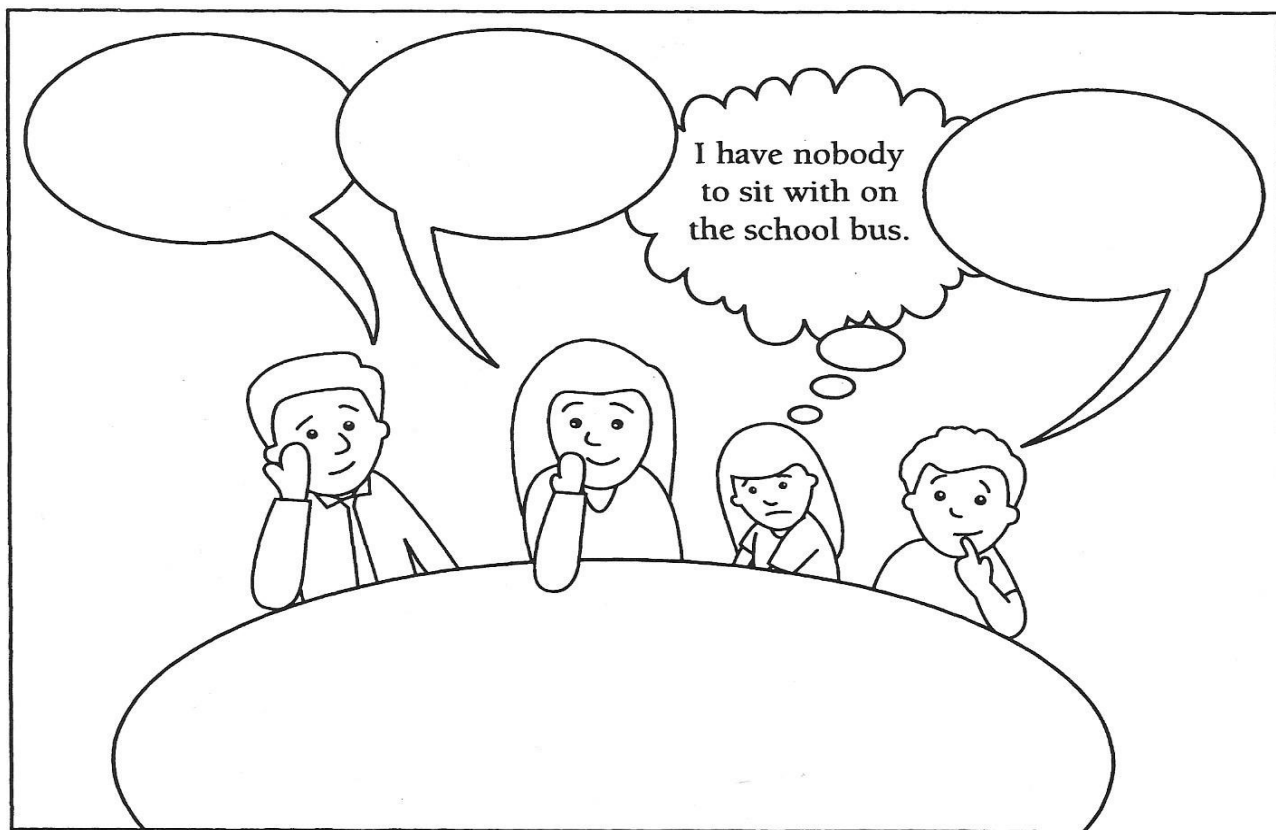


## Helping Others Feel Better

There are many ways to help people feel better about themselves. One way is to show your support by giving people suggestions about what they can do to feel better. The picture below shows Haley with her family. Haley had a bad day because no one would sit with her on the bus or at the lunch table. Write in some things that Haley's family members could say to make her feel better. Then write in things you could say to make your friends or family feel better when they are upset.



Write in things you could say to others to make them feel better when they are upset.

Person

What you could say

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