

Paper Fortune Teller for Asking Questions About Positive Emotions

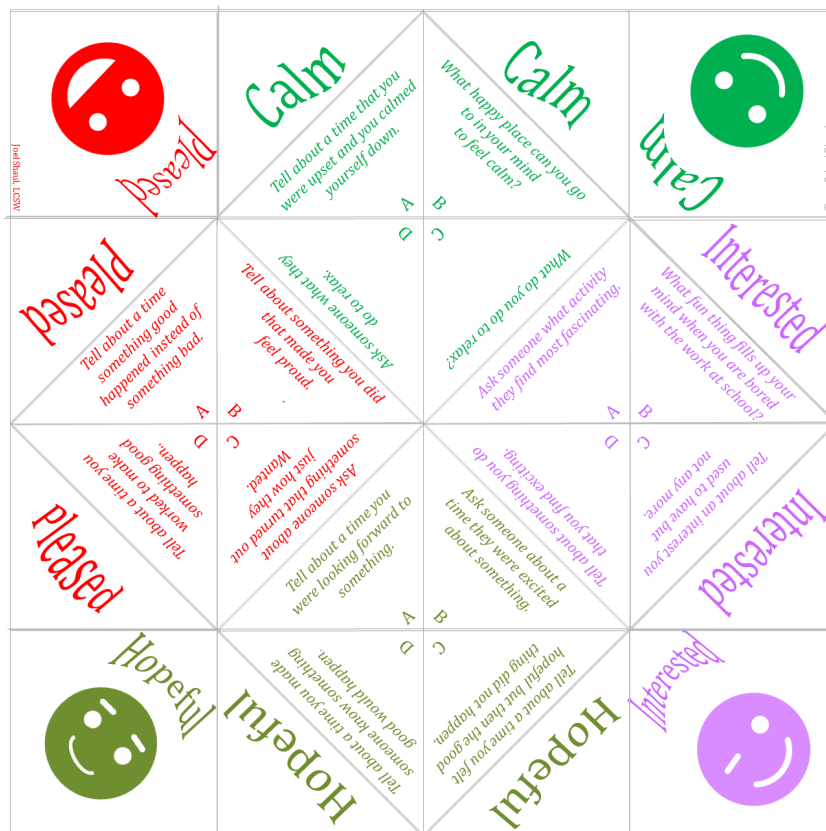
These are designed to help children practice asking diverse questions about positive emotions. You can have two children work together or you can work together with one child.

How to fold them:

The best way is to go to YouTube and search for "How to fold paper Fortune Tellers." The tutorials are really clear.





Suggested play format:

1. Child 1 says, "Spell your name." For each letter, the child holding the Fortune Teller manipulates the device back and forth.
2. Child 2 is then shown the two options appearing on the inner triangles and makes a selection.
3. Child 1 opens up the innermost petals, where four options appear. He or she selects A, and then directs child 2 to ask the emotion question that is shown.



Cut out all four sides around the outside before you start folding.

Begin folding with the printed portion facing downward.

 <p>Pleased</p>	<p>Calm</p> <p>Tell about a time that you were upset and you calmed yourself down.</p> <p>A B D C</p>	<p>Calm</p> <p>What happy place can you go to in your mind to feel calm?</p>	 <p>Calm</p>
<p>Pleased</p> <p>Tell about a time something good happened instead of something bad.</p> <p>A B D C</p>	<p>Pleased</p> <p>Tell about something you did that made you feel proud.</p> <p>Ask someone what they do to relax.</p>	<p>Interested</p> <p>What do you do to relax?</p> <p>Ask someone what activity they find most fascinating.</p> <p>A B D C</p>	<p>Interested</p> <p>What fun thing fills up your mind when you are bored with the work at school?</p>
<p>Pleased</p> <p>Tell about a time you worked to make something good happen.</p>	<p>Pleased</p> <p>Ask someone about something that turned out just how they wanted.</p> <p>Tell about a time you were looking forward to something.</p> <p>A B D C</p>	<p>Interested</p> <p>Ask someone about a time they were excited about something.</p> <p>Tell about something you do that you find exciting.</p>	<p>Interested</p> <p>Tell about an interest you used to have but not any more.</p>
 <p>Hopeful</p>	<p>Hopeful</p> <p>Tell about a time you made someone know something good would happen.</p>	<p>Hopeful</p> <p>Tell about a time you felt hopeful but then the good thing did not happen.</p>	 <p>Interested</p>