

Keeping a Secret

Secrets are a great way to become closer with your friends because they are confiding in you and trusting that you will not repeat what they say. It is very important that you don't tell other people's secrets because that is betraying their trust.

Mike knows that Andy did not do well on the last math test. Andy is trusting Mike with this secret.

Wrong Way



Consequence of the Wrong Way: By telling Taylor that Andy bombed the math test, Mike is betraying Andy's trust. Andy is embarrassed and disappointed in Mike. It is unlikely that Andy will tell Mike secrets in the future.

Right Way



Benefit of the Right Way: Even though Mike knows Andy is the one who got the D on the test, Mike does not tell Taylor. Mike changes the subject of the conversation to protect Andy's feelings and their friendship. TALK ABOUT AN EXPERIENCE YOU HAD WITH SOMEONE WHO DID NOT KEEP A SECRET.