

Learning to Apologize

Objective: To practice resolving conflicts with an apology.

Sometimes when you agree to cooperate with grown-ups or friends, and you don't hold up your end of the bargain, they get disappointed and upset. Sometimes they don't even want to be with you anymore, or they may think of you as being irresponsible. Most kids find that when they do make mistakes, it's good to apologize.

In the "I'm Sorry" notes below, fill in how you would say you're sorry to (1) a friend and (2) a grown-up.

To: _____

I'm sorry for: _____

To make it up, I'll: _____

Signed: _____

To: _____

I'm sorry for: _____

To make it up, I'll: _____

Signed: _____