

To Whom It May Concern:

[*Client's full name*] is my client and has been under my care since [*date*]. I am intimately aware of his/her medical history and with the functional restrictions created by his/her behavioral health issue.

[*Client's first name*] has certain limitations related to [anxiety/ depression/phobias] that interfere with his/her daily functioning and coping skills. To help alleviate these challenges and to enhance [*his/her*] quality of life, I have prescribed [*client's first name*] to obtain an emotional support animal. The presence of this animal is necessary for the emotional/mental health of [*client's first name*] because it will lessen the symptoms [*he/she*] is currently experiencing.

[*Client's first name*] meets the definition of "disabled" under the Americans with Disabilities Act. Please allow [*client's full name*] to be accompanied by his/her emotional support animal in the cabin of your aircraft, in accordance with the Air Carrier Access Act. I would be happy to answer any questions that you may have regarding my recommendation. Please do not hesitate to get in touch with me at [*phone*] or [*email*].

Sincerely,

[*Your Name and Credentials*]

[*Your Practice's Name*]