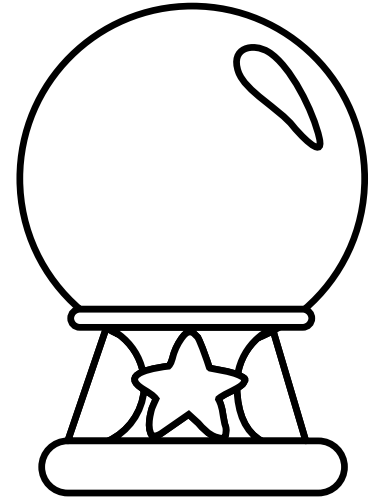


Thinking About the Consequences of Your Behavior

Short-term consequences are things that happen right away as a result of your actions; long-term consequences are things that will happen in the future. Thinking ahead about the short-term and long-term consequences can help you decide how to act now.

Use the crystal ball to practice looking into the future. Color the ball, then pretend to use it to predict the consequences of the situations below. Write what could happen right now, one month from now, and one year from now, if you took the actions described.



Action

Consequences

1. Never brush your teeth.

Right now: _____

In one month: _____

In one year: _____

2. Save half of your allowance every time you get it.

Right now: _____

In one month: _____

In one year: _____

3. Play video games instead of doing your homework.

Right now: _____

In one month: _____

In one year: _____