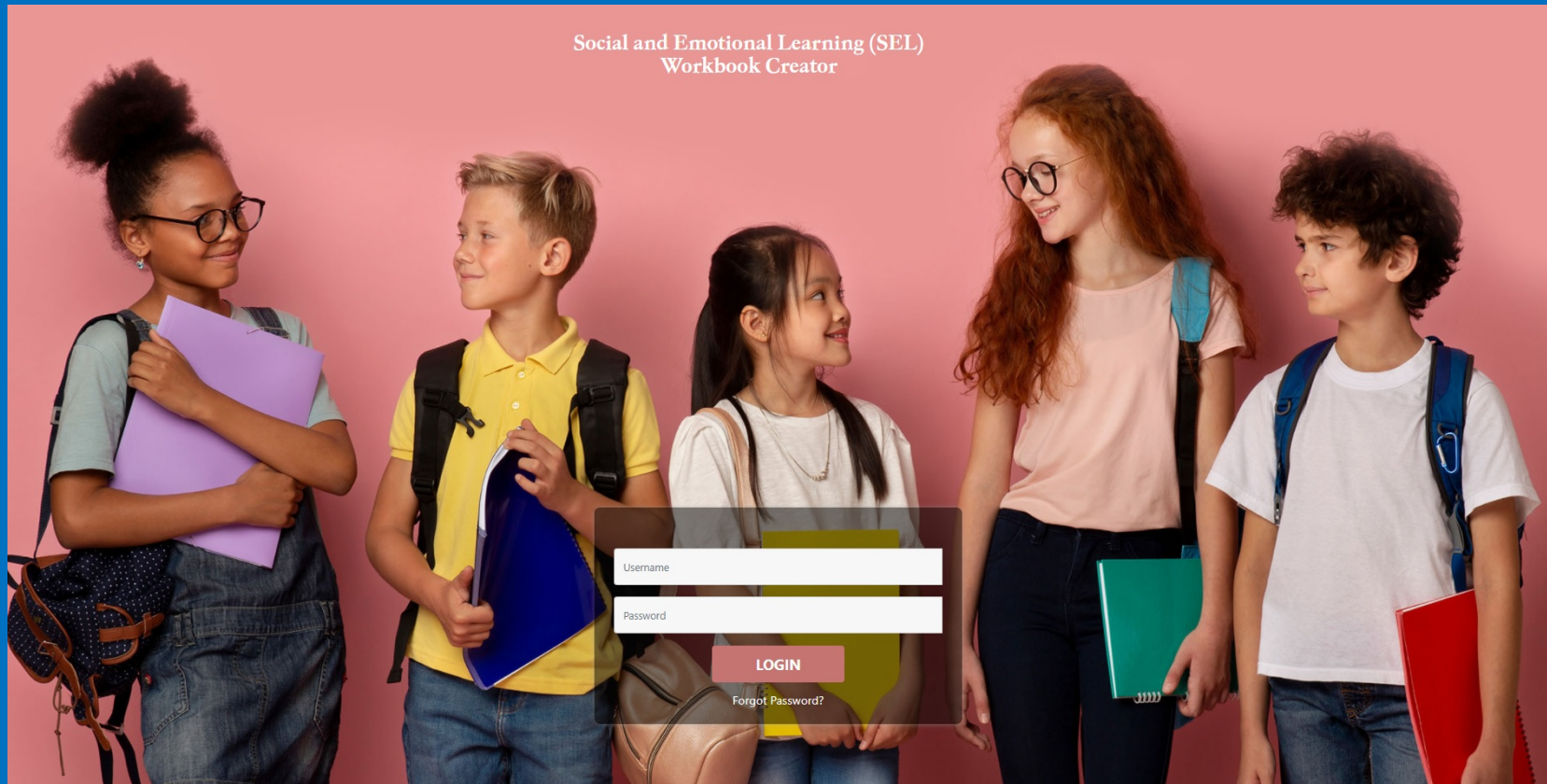


Using the Social and Emotional (SEL) Workbook Creator

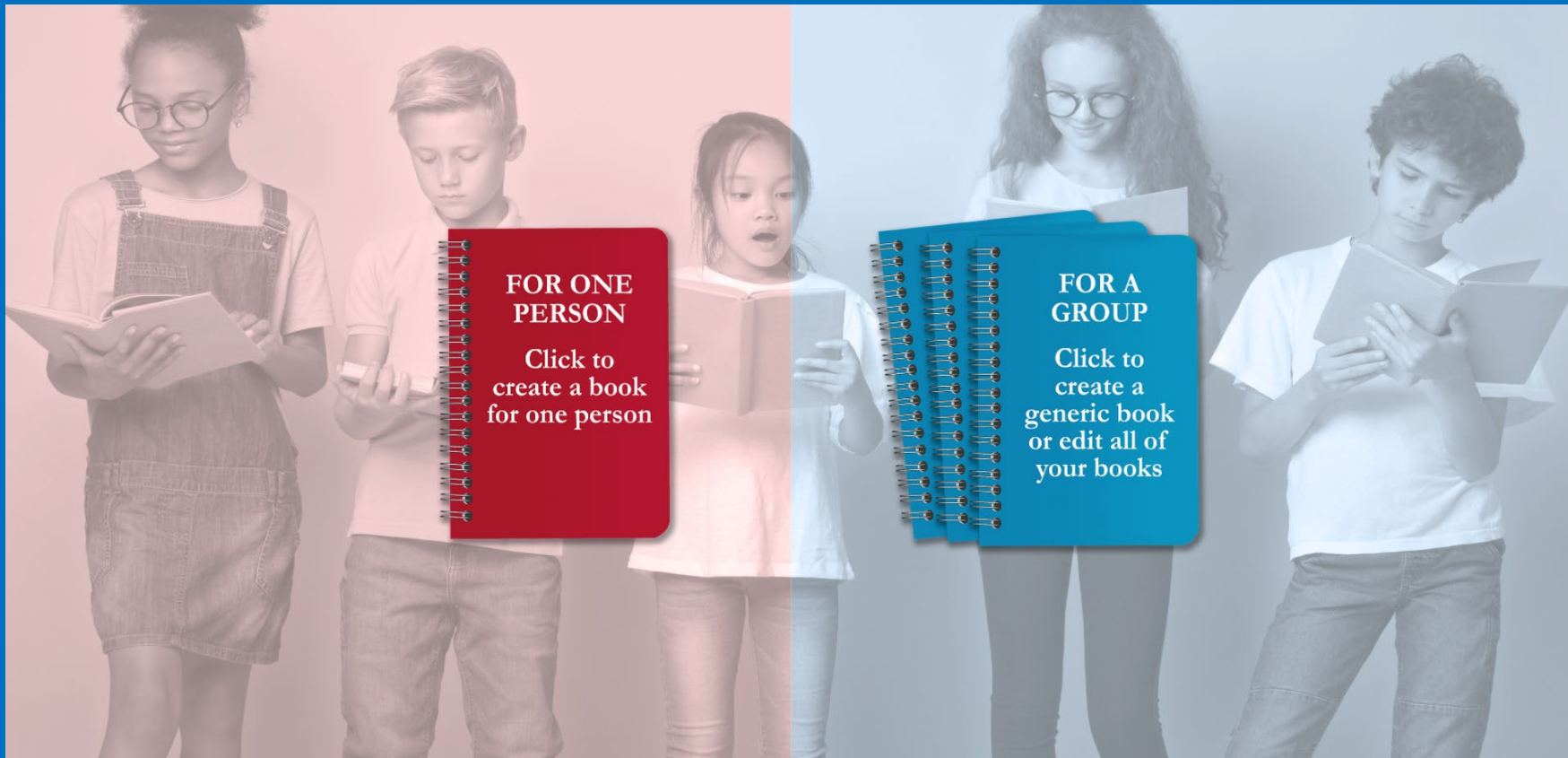
www.BetweenSessions.com |



Log in to your account.



Choose whether you wish to create a book for an individual or for a group.



You can create a workbook for an individual based on specific problems and concerns.

You can create a workbook for a group, such as a classroom, school, agency, private practice, and so on.

When you create a workbook for an individual, you begin by adding the basic client information.

The screenshot displays a web application interface for 'Social & Emotional Learning'. The main page is titled 'Client Information' and features a navigation menu with 'Home', 'Client Information', and 'Books'. A prominent 'Instructions' box provides a five-step guide for adding and managing clients. Below this, an 'ADD CLIENT' button is visible. The 'UPDATE CLIENT' modal form is open, containing fields for 'Client Name', 'Age Category', 'Date Of Birth', and 'Email ID', along with a 'Submit' button. The background shows a table of existing clients.

Instructions:

1. Add a client by clicking the "Add Client" button.
2. Enter client information.
3. Send the client a Problem Checklist by clicking the "Send Problem Checklist" Button.
4. When your client fills out a Problem Checklist you will see the Pending notification checkbox.
5. **IMPORTANT:** If a client checks a problem that indicates possible harm to him/herself, intervention is needed.

[Click here to see tutorials.](#)

Client Information ADD CLIENT

CLIENT NAME	EMAIL	DATE ADDED	ACTION
Freud Completed	drlawrenceshapiro@gmail.com	09/10/2021	Send P
Lawrence Shapiro Completed	drlawrenceshapiro@gmail.com	09/09/2021	Send P

UPDATE CLIENT

Client Name*

Age Category*

Date Of Birth
MM
DD
YYYY

Email ID*

Submit

Select the category appropriate to each age group: Adult, High School, Middle School, or Elementary School.

The screenshot displays a web application interface for 'Social & Emotional Learning'. The main page has a navigation bar with 'Home', 'Client Information', and 'Books'. Below the navigation is an 'Instructions' section with five numbered steps. A table titled 'Client Information' is visible, with columns for 'CLIENT NAME', 'EMAIL', 'DATE ADDED', and 'ACTION'. Two rows are shown: 'Freud' and 'Lawrence Shapiro', both with a 'Completed' status and a 'Send P...' button. An 'UPDATE CLIENT' modal window is open in the foreground, containing a 'Client Name*' text input field with 'John Smith' entered, an 'Age Category*' dropdown menu with 'Adult' selected, and a 'Submit' button.

Instructions:

1. Add a client by clicking the "Add Client" button.
2. Enter client information.
3. Send the client a Problem Checklist by clicking the "Send Problem Checklist" Button.
4. When your client fills out a Problem Checklist you will see the Pending notification ch...
5. **IMPORTANT:** If a client checks a problem that indicates possible harm to him/hersel...

[Click here to see tutorials.](#)

CLIENT NAME	EMAIL	DATE ADDED	ACTION
Freud	drlawrenceshapiro@gmail.com	09/10/2021	Send P...
Lawrence Shapiro	drlawrenceshapiro@gmail.com	09/09/2021	Send P...

UPDATE CLIENT

Client Name*
John Smith

Age Category*
Adult
select
High School
Middle School
Elementary School

Submit

Your clients will show up on a list. Click the button to send a client the Problem Checklist.

Social & Emotional Learning
WORKBOOK CREATOR

You are logged in as Abraham Lincoln. Your subscription is active. [Logout](#)







Home **Client Information** Books

Instructions:

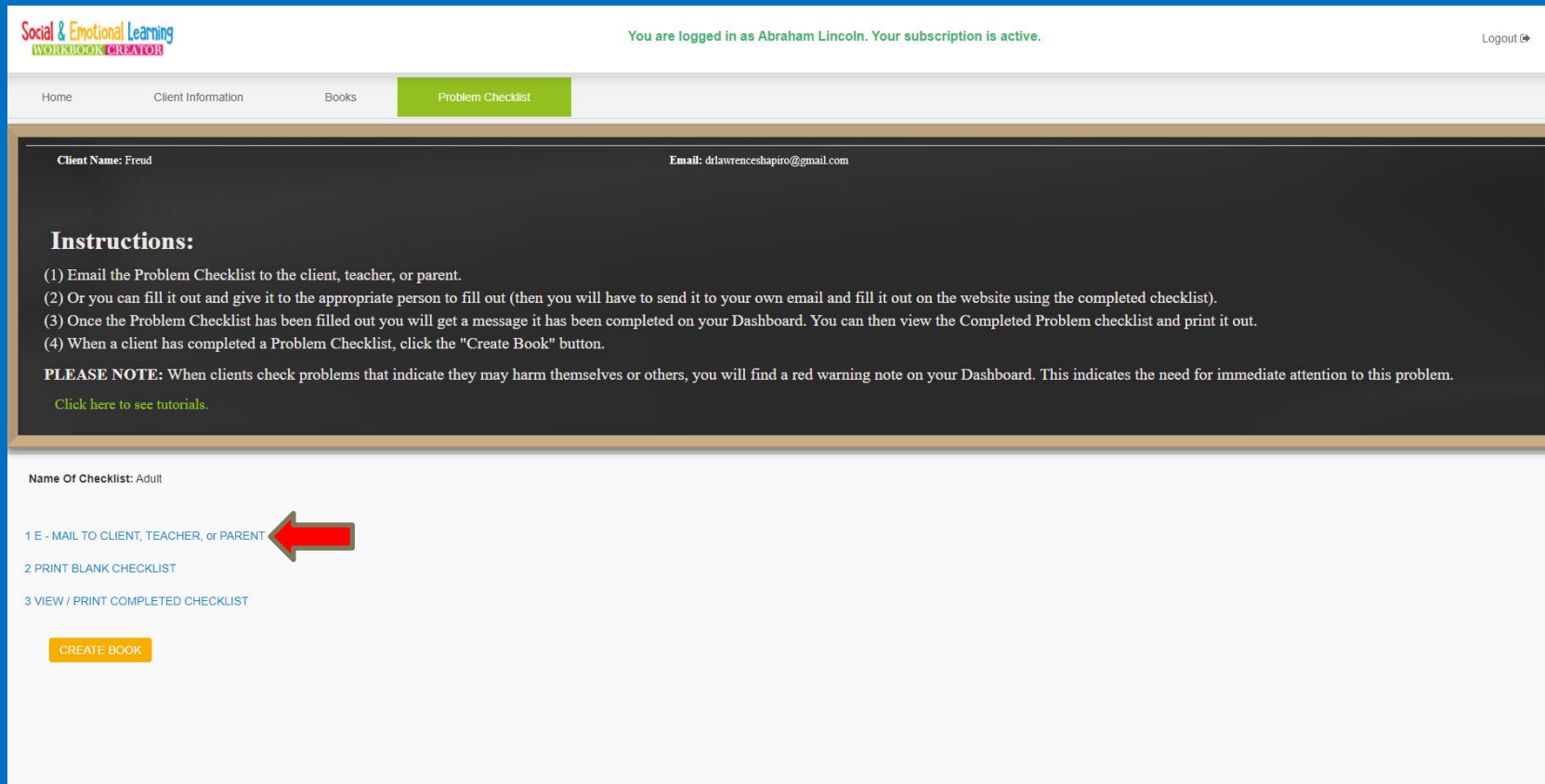
1. Add a client by clicking the "Add Client" button.
2. Enter client information.
3. Send the client a Problem Checklist by clicking the "Send Problem Checklist" Button.
4. When your client fills out a Problem Checklist you will see the Pending notification change to Completed.
5. **IMPORTANT:** If a client checks a problem that indicates possible harm to him/herself or others, a warning will show up in red. This indicates an immediate intervention is needed.

[Click here to see tutorials.](#)

Client Information [ADD CLIENT](#)

CLIENT NAME	EMAIL	DATE ADDED	ACTION
John Smith Pending	drlawrenceshapiro@gmail.com	09/15/2021	Send Problem Checklist   
Lawrence Shapiro Completed	drlawrenceshapiro@gmail.com	09/09/2021	Send Problem Checklist   

You can send a Problem Checklist to a client, teacher, or parent.



The screenshot shows the 'Social & Emotional Learning WORKBOOK CREATOR' website. The user is logged in as Abraham Lincoln. The navigation menu includes Home, Client Information, Books, and Problem Checklist (which is highlighted). The main content area is dark-themed and contains the following text:

Client Name: Freud Email: drlawrenceshapiro@gmail.com


Instructions:

- (1) Email the Problem Checklist to the client, teacher, or parent.
- (2) Or you can fill it out and give it to the appropriate person to fill out (then you will have to send it to your own email and fill it out on the website using the completed checklist).
- (3) Once the Problem Checklist has been filled out you will get a message it has been completed on your Dashboard. You can then view the Completed Problem checklist and print it out.
- (4) When a client has completed a Problem Checklist, click the "Create Book" button.

PLEASE NOTE: When clients check problems that indicate they may harm themselves or others, you will find a red warning note on your Dashboard. This indicates the need for immediate attention to this problem.

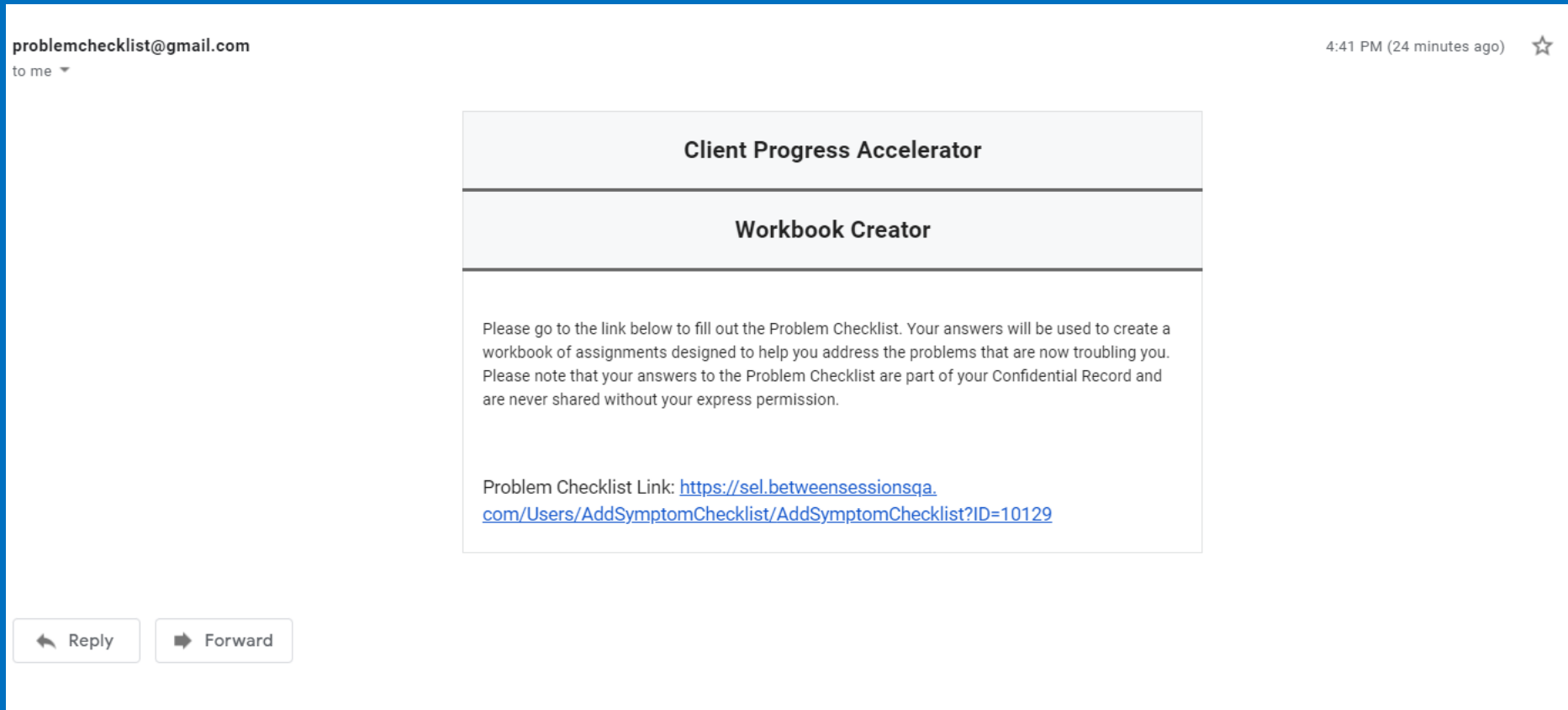
[Click here to see tutorials.](#)

Name Of Checklist: Adult

- 1 E - MAIL TO CLIENT, TEACHER, or PARENT 
- 2 PRINT BLANK CHECKLIST
- 3 VIEW / PRINT COMPLETED CHECKLIST

[CREATE BOOK](#)

Your client (or parent, or teacher) will get an email with a link to the Problem Checklist.



The recipient will receive a Problem Checklist and will check off problems and rate their severity.

SELECT PROBLEMS FROM LIST

Instructions: Please check off any problems that you are currently experiencing. Then rate each problem from 1=This problem has a minor impact on my life to 5=This problem has a major impact on my life.

Client Name: John Smith **Date of Birth:** 01/03/2006 **Today's Date:** 09/15/2021

Adult Problem Checklist

1.	<input type="checkbox"/>	I don't have control over my eating.	1	2	3	4	5
2.	<input type="checkbox"/>	I engage in impulsive and reckless behaviors.	1	2	3	4	5
3.	<input type="checkbox"/>	If I eat too much I feel compelled to purge (vomit or misuse laxatives).	1	2	3	4	5
4.	<input type="checkbox"/>	I binge eat at least once per week.	1	2	3	4	5
5.	<input type="checkbox"/>	I enjoy taking risks and I don't worry about safety or negative consequences.	1	2	3	4	5
6.	<input type="checkbox"/>	I have made suicide attempts.	1	2	3	4	5
7.	<input type="checkbox"/>	I frequently get into physical fights with people.	1	2	3	4	5
8.	<input type="checkbox"/>	Sometimes I think my behavior is odd or strange.	1	2	3	4	5
9.	<input type="checkbox"/>	Playing video games is more important than almost everything else in my life.	1	2	3	4	5
10.	<input type="checkbox"/>	I frequently get into verbal fights with people.	1	2	3	4	5
11.	<input type="checkbox"/>	I frequently destroy objects just for the fun of it.	1	2	3	4	5
12.	<input type="checkbox"/>	I find that stealing items is exciting.	1	2	3	4	5
13.	<input type="checkbox"/>	I have set fires on purpose, just for fun.	1	2	3	4	5

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When the Problem Checklist is completed, the message will change from “Pending” to “Completed.” Click the **Create Book** icon.

Social & Emotional Learning
WORKBOOK CREATOR

You are logged in as Abraham Lincoln. Your subscription is active. Logout







Home Client Information Books

Instructions:

1. Add a client by clicking the “Add Client” button.
2. Enter client information.
3. Send the client a Problem Checklist by clicking the “Send Problem Checklist” Button.
4. When your client fills out a Problem Checklist you will see the Pending notification change to Completed.
5. **IMPORTANT:** If a client checks a problem that indicates possible harm to him/herself or others, a warning will show up in red. This indicates an immediate intervention is needed.

[Click here to see tutorials.](#)

Client Information ADD CLIENT

CLIENT NAME	EMAIL	DATE ADDED	ACTIONS
John Smith Pending	drlawrenceshapiro@gmail.com	09/15/2021	Send Problem Checklist   
Lawrence Shapiro Completed	drlawrenceshapiro@gmail.com	09/09/2021	Send Problem Checklist   

You will see a list of the techniques suggested by our software. Check off each technique you wish to include in the workbook. Click **Add to Book**.

The screenshot shows the 'Social & Emotional Learning WORKBOOK CREATOR' interface. At the top, it indicates the user is logged in as Abraham Lincoln and their subscription is active. The navigation menu includes Home, Client Information, Books, and Problem Checklist. The main heading is 'CREATE BOOK'. Below this, there is a 'Book Name*' field containing 'Workbook for Freud' and a 'Save' button. A large black box with white text contains 'Instructions:' followed by four numbered steps: 1. Go through steps 1-4 to on the left navigation to create a book for this client. 2. When you are done, click "Download Book". 3. You can create a new book for a group by clicking "Create New Book". 4. If you want to edit any book you have previously created, click "Create New Book" and then click the blue notebook to see a list of all the books you have created. A link 'Click here to see tutorials.' is also present. Below the instructions, a sidebar on the left lists steps: 1 Techniques In Book (with sub-options: Add Suggested Techniques, Add Techniques From Database, Upload techniques), 2 Upload Introduction, 3 Create Front Cover, and 4 Create Back Cover. At the bottom of the sidebar are buttons for 'DOWNLOAD BOOK' and 'CREATE NEW BOOK'. The main content area is titled 'REVIEW TECHNIQUES' and includes instructions: 'These are the techniques you have selected for your Workbook. You can print the Table of Techniques to use as a way to keep track of assignments.' Below this, it shows 'Total pages in book: 30' and a 'PRINT TECHNIQUE TABLE' button. A table lists the techniques with columns for 'TECHNIQUE NAME', 'DESCRIPTION', 'OBJECTIVE', 'VIEW', 'MORE INFO', and 'PAGE COUNT'. The table contains three rows of data.

TECHNIQUE NAME	DESCRIPTION	OBJECTIVE	VIEW	MORE INFO	PAGE COUNT
Acts of Kindness Lead to Happiness	This worksheet helps people plan and then record weekly acts of kindness.	To plan a weekly act of kindness.			2
Alternative Actions Can Help You Cope with Problematic Eating Habits	This worksheet is designed to help people delay their urges to engage in unhealthy habits around eating by substituting alternative healthy behaviors.	Identifying alternative actions to reduce problematic habits around eating.		Lorem ipsum dolor sit amet, consectetur adipiscing elit. Ut eros arcu, dapibus quis libero at, aliquam ornare erat. Morbi at mauris ullamcorper dui suscipit venenatis. Nunc at tortor euismod, aliquet risus at, aliquam leo. Pellentesque est lectus,...	3
Are You a Distracted Eater?	This worksheet is designed to help people who	To become less distracted when you are		View More	5

You can add additional techniques by selecting **Add Techniques From Database.**

Type a keyword in the search box. This will display additional techniques to add to your workbook.

The screenshot displays the 'Social & Emotional Learning WORKBOOK CREATOR' interface. At the top, it shows the user is logged in as Abraham Lincoln with an active subscription. The main heading is 'CREATE BOOK'. Below this, there is a 'Book Name*' field containing 'Workbook for Freud' and a 'Save' button. A large black box with white text provides instructions for creating a book. Below the instructions is a search bar for 'LIST OF OTHER TECHNIQUES' with the keyword 'Depression' and a 'SUBMIT' button. On the left sidebar, under '1 Techniques In Book', the 'Add Techniques From Database' option is highlighted with a red arrow. Other sidebar options include 'Add Suggested Techniques', 'Upload techniques', 'Upload Introduction', 'Create Front Cover', and 'Create Back Cover'. At the bottom of the sidebar are buttons for 'DOWNLOAD BOOK' and 'CREATE NEW BOOK'. A yellow button labeled 'ADD TO BOOK / UPDATE BOOK' is also visible near the search results.

You can also upload additional PDF worksheets from your computer.

Social & Emotional Learning
TECHNIQUES ONLINE

You are logged in as Abraham Lincoln. Your subscription is active. [Logout](#)

Home Client Information Books Problem Checklist

CREATE BOOK

Book Name*
Workbook for Freud [Save](#)

Instructions:

1. Go through steps 1-4 to on the left navigation to create a book for this client.
2. When you are done, click "Download Book".
3. You can create a new book for a group by clicking "Create New Book".
4. If you want to edit any book you have previously created, click "Create New Book" and then click the blue notebook to see a list of all the books you have created.

[Click here to see tutorials.](#)

1 Techniques In Book

1 Techniques In Book

ADD TO BOOK / UPDATE BOOK Total pages in book: 30

Depression [SUBMIT](#)

1 Techniques In Book

- Add Suggested Techniques
- Add Techniques From Database
- Upload techniques
- Upload Introduction
- Create Front Cover
- Create Back Cover

[DOWNLOAD BOOK](#)

[CREATE NEW BOOK](#)

Once you have added all your techniques to the Workbook, you can add an introduction.
Upload the introduction in PDF format.

The screenshot displays the 'Social & Emotional Learning WORKBOOK CREATOR' interface. At the top, it shows the user is logged in as 'Abraham Lincoln' with an active subscription. The navigation menu includes 'Home', 'Client Information', 'Books', and 'Problem Checklist'. A 'CREATE BOOK' button is prominently displayed. Below this, a 'Book Name' field contains 'Workbook for Freud' with a 'Save' button. A dark box contains 'Instructions' for creating a book. The main content area is divided into a sidebar and a main panel. The sidebar lists steps: '1 Techniques In Book', '2 Upload Introduction', '3 Create Front Cover', and '4 Create Back Cover'. The '2 Upload Introduction' step is selected. The main panel, titled 'ADD INTRODUCTION', contains instructions for adding an introduction and a 'Current file:' field with a 'SELECT OR CHANGE FILE' button. A red arrow points to the '2 Upload Introduction' step in the sidebar.

Instructions:

1. Go through steps 1-4 to on the left navigation to create a book for this client.
2. When you are done, click "Download Book".
3. You can create a new book for a group by clicking "Create New Book".
4. If you want to edit any book you have previously created, click "Create New Book" and then click the blue notebook to see a list of all the books you have created.

[Click here to see tutorials.](#)

1 Techniques In Book

- Add Suggested Techniques
- Add Techniques From Database
- Upload techniques

2 Upload Introduction

3 Create Front Cover

4 Create Back Cover

DOWNLOAD BOOK

CREATE NEW BOOK

ADD INTRODUCTION

Instructions:

- a. Click Select or Change File (PDF only).
- b. Click Add Introductory Page to Book to insert or replace the Intro content in the current book.

Current file:

None selected

SELECT OR CHANGE FILE

Then you will add Front and Back Covers.

Social & Emotional Learning
WORKBOOKS, ACTIVITIES, GAMES

You are logged in as Abraham Lincoln. Your subscription is active. [Logout](#)

Home Client Information Books Problem Checklist

CREATE BOOK

Book Name*
Workbook for Freud [Save](#)

Instructions:

1. Go through steps 1-4 to on the left navigation to create a book for this client.
2. When you are done, click "Download Book".
3. You can create a new book for a group by clicking "Create New Book".
4. If you want to edit any book you have previously created, click "Create New Book" and then click the blue notebook to see a list of all the books you have created.

[Click here to see tutorials.](#)

1 Techniques In Book

- Add Suggested Techniques
- Add Techniques From Database
- Upload techniques

2 Upload Introduction

3 Create Front Cover

4 Create Back Cover

[DOWNLOAD BOOK](#)

[CREATE NEW BOOK](#)

ADD INTRODUCTION

Instructions:
a. Click Select or Change File (PDF only).
b. Click Add Introductory Page to Book to insert or replace the intro content in the current book.

Current file:
None selected

[SELECT OR CHANGE FILE](#)

You can select one of the pre-loaded covers or upload your own cover background in a JPG format. You can also upload a complete cover.

Social & Emotional Learning
WORKBOOKS CREATOR

You are logged in as Abraham Lincoln. Your subscription is active. [Logout](#)

Book Name*
Workbook for Freud

Instructions:

1. Go through steps 1-4 to on the left navigation to create a book for this client.
2. When you are done, click "Download Book".
3. You can create a new book for a group by clicking "Create New Book".
4. If you want to edit any book you have previously created, click "Create New Book" and then click the blue notebook to see a list of all the books you have created.

[Click here to see tutorials.](#)

1 Techniques In Book

- Add Suggested Techniques
- Add Techniques From Database
- Upload techniques

2 Upload Introduction

3 Create Front Cover

4 Create Back Cover

Instructions to Add a Front Cover

a. Choose a Front Cover from the images below or add your own.
b. To add your own image, upload an image in a .jpg format. The recommended size is 400 x 500 pixels.
c. Double click the image you want to use for the Front Cover and an editor will open. Using the tools on the left, you can add copy or additional images to your cover. WHEN YOU ARE DONE USING A TOOL, CLICK THE YELLOW BAR TO DISABLE THAT TOOL.
d. When you are happy with the cover you have created, click "Add to Book" and close the editor.
e. Your cover is now added to your book, and it is also saved in your cover collection.
f. You can change the Front Cover to your book, and it is also saved in your cover collection.
g. Click "Add Back Cover" from the left navigation to add a back cover to the workbook.

Select a cover image :

Front Cover

Upload a new cover : No file chosen

You can edit the cover with text, additional images, shapes, and so on.
When done, click **Add Cover Page To Book.**

Social & Emotional Learning
WORKBOOK CREATOR

Book Name
Workbook for Freud

Instructions:

1. Go through steps 1-4 to on the left navigation to create a new book.
2. When you are done, click "Download Book".
3. You can create a new book for a group by clicking "Create New Book".
4. If you want to edit any book you have previously created, click "Edit Book".

[Click here to see tutorials.](#)

1 Techniques In Book

- Add Suggested Techniques
- Add Techniques From Database
- Upload techniques

2 Upload Introduction

3 Create Front Cover

4 Create Back Cover

DOWNLOAD BOOK

CREATE NEW BOOK

Instructions to create a book

- a. Choose a Front Cover
- b. To add your own image, click "Add Image".
- c. Double click the image to add it to the cover.
- d. When you are happy with the image, click "Add Image".
- e. Your cover is now a preview.
- f. You can change the text, font, size, color, and background.
- g. Click "Add Back Cover".

Select a cover

Remove

Upload a new cover

Edit Cover Page

View: Fit 50% 100% 200%

Add Cover Page To Book

Times New Roman 70 B I U Color: [] [] [] []

Insert

- Text
- Whiteout
- Image
- Freehand
- Link
- Line
- Arrow
- Rectangle
- Circle
- Checkmark

My Getting Better Workbook

Prepared by Dr. John Jones

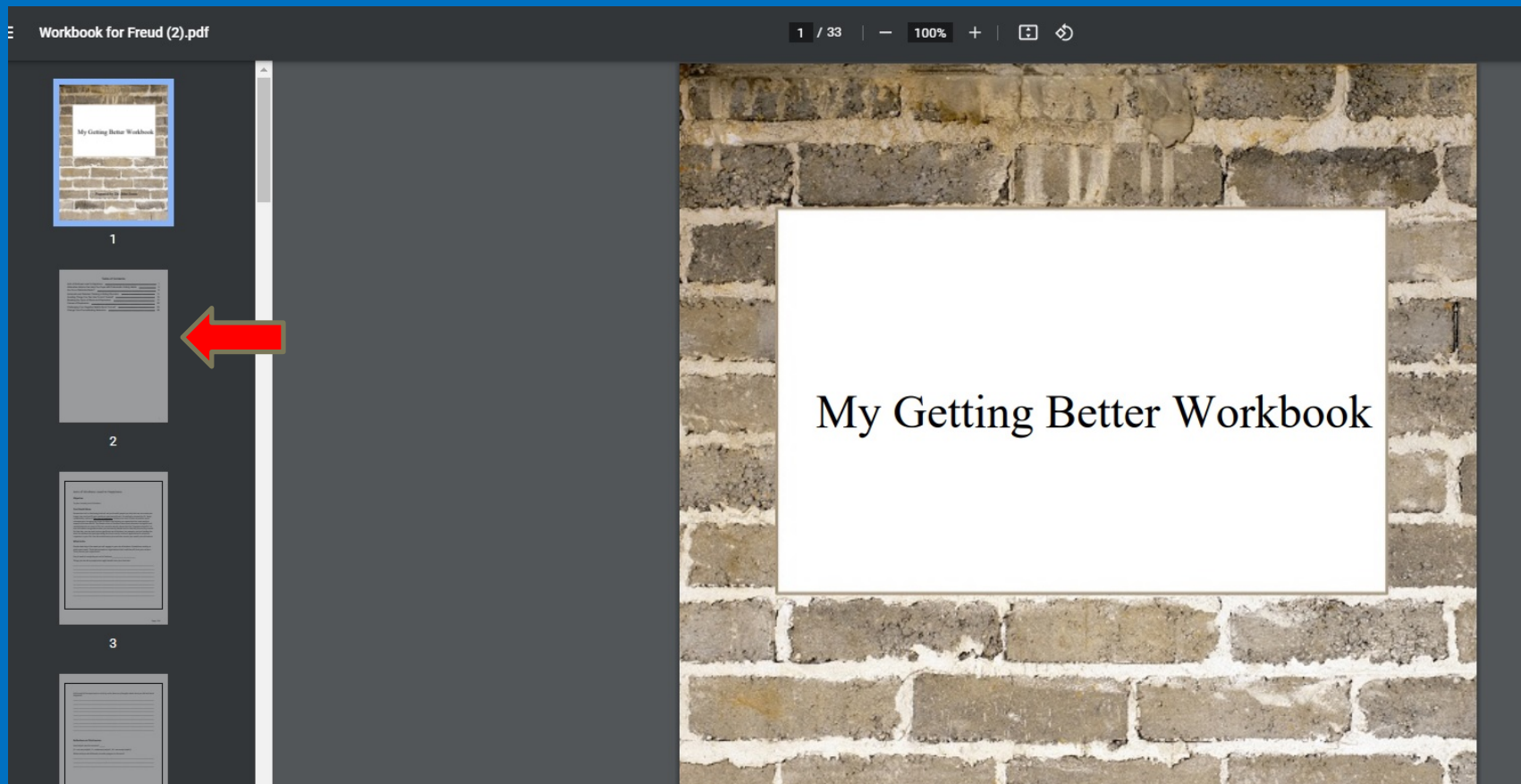
Logout

When using a tool, click the yellow bar to disable that tool.

After you have added covers, you can download your book. If you want to edit the book later, click **Create New Book**.

The screenshot shows the 'Social & Emotional Learning WORKBOOK CREATOR' interface. At the top, it says 'You are logged in as Abraham Lincoln. Your subscription is active.' and 'Logout'. Below this is a 'Book Name' field containing 'Workbook for Freud' and a 'Save' button. A large black box contains 'Instructions:' with four numbered steps: 1. Go through steps 1-4 to on the left navigation to create a book for this client. 2. When you are done, click "Download Book". 3. You can create a new book for a group by clicking "Create New Book". 4. If you want to edit any book you have previously created, click "Create New Book" and then click the blue notebook to see a list of all the books you have created. A link 'Click here to see tutorials.' is also present. On the left sidebar, the navigation menu includes: 1 Techniques In Book (with sub-items: Add Suggested Techniques, Add Techniques From Database, Upload techniques), 2 Upload Introduction, 3 Create Front Cover (highlighted), and 4 Create Back Cover. Below the navigation are two buttons: 'DOWNLOAD BOOK' (yellow) and 'CREATE NEW BOOK' (pink). Two red arrows point to these buttons. The main content area shows 'Instructions to Add a Front Cover' with steps a-g. Below this is a 'Select a cover image :' section with a 'Front Cover' label and a row of 11 image thumbnails. The first three thumbnails have 'Remove' buttons below them. At the bottom, there is an 'Upload a new cover :' section with a 'Choose File' button and the text 'No file chosen'.

The Workbook Creator generates a PDF workbook for you to download and print or send to a client. It will even generate a **Table of Contents!**



All your workbooks are stored on the site. Your “generic” workbooks are listed in red, and your “client” workbooks are listed in blue.

The screenshot shows the 'Books' page of the Social & Emotional Learning Workbook Creator. At the top, the user is logged in as Abraham Lincoln with an active subscription. The navigation menu includes Home, Client Information, and Books. A dark instruction box provides a 4-step guide on how to create and edit workbooks. Below this is a table of existing workbooks, with a yellow 'ADD BOOK' button above it. The table columns are Book Name, Email, Date Added, Client Name, and Actions. Workbooks are color-coded: generic ones are in red text, and client-specific ones are in blue text.

Instructions:

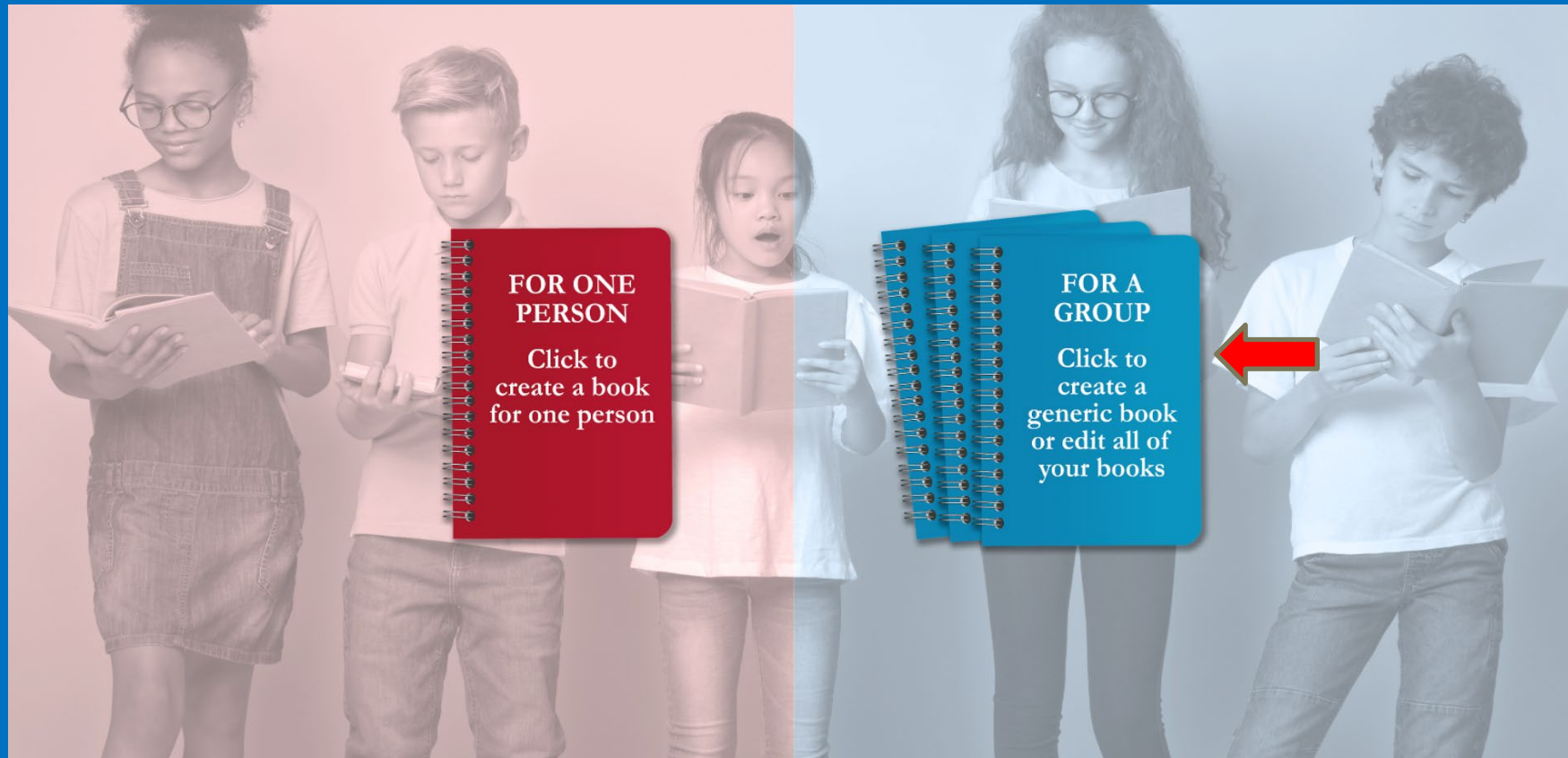
1. You can create a new book for a group by clicking the yellow ADD BOOK button.
2. This will take you to a page where you can name the book and select the appropriate age group for the book.
3. You will also see a list of previous books you have created, including books for individual clients and books for groups (called Generic Books).
4. Click on the Edit button to make changes to any book.

[Click here to see tutorials.](#)

Book Information ADD BOOK

BOOK NAME	EMAIL	DATE ADDED	CLIENT NAME	ACTIONS
book for middle school		09/10/2021		EDIT
Generic Book		09/10/2021		EDIT
Generic Book		09/09/2021		EDIT
Generic Book		09/09/2021		EDIT
Generic Book		09/13/2021		EDIT
High School Workbook		09/13/2021		EDIT
Marta's Workbook		09/13/2021		EDIT
Middle School Workbook		09/13/2021		EDIT
My Test Workbook		09/09/2021		EDIT
Workbook for Freud		09/10/2021	Freud	EDIT
Workbook for Lawrence Shapiro		09/09/2021	Lawrence Shapiro	EDIT

You can also create a “generic” book for a group from the **Home** page.



You can add a generic workbook by clicking **Add Book**.

Social & Emotional Learning
WORKBOOK CREATOR


You are logged in as Abraham Lincoln. Your subscription is active. Logout ↗












Home Client Information **Books**

Instructions:

1. You can create a new book for a group by clicking the yellow ADD BOOK button.
2. This will take you to a page where you can name the book and select the appropriate age group for the book.
3. You will also see a list of previous books you have created, including books for individual clients and books for groups (called Generic Books).
4. Click on the Edit button to make changes to any book.

[Click here to see tutorials.](#)

Book Information ADD BOOK 

BOOK NAME	EMAIL	DATE ADDED	CLIENT NAME	ACTIONS
book for middle school		09/10/2021		EDIT 
Generic Book		09/10/2021		EDIT 
Generic Book		09/09/2021		EDIT 
Generic Book		09/09/2021		EDIT 
Generic Book		09/13/2021		EDIT 
High School Workbook		09/13/2021		EDIT 
Marta's Workbook		09/13/2021		EDIT 
Middle School Workbook		09/13/2021		EDIT 
My Test Workbook		09/09/2021		EDIT 
Workbook for Freud		09/10/2021	Freud	EDIT 
Workbook for Lawrence Shapiro		09/09/2021	Lawrence Shapiro	EDIT 

When creating a generic book, name your book and select the audience (age group) for the workbook.

The screenshot displays the 'Social & Emotional Learning WORKBOOK CREATOR' interface. At the top, it shows the user is logged in as Abraham Lincoln. The main form area includes a 'Book Name*' field with the text 'Helping Your with Your Problems' and a 'Category:' dropdown menu. Two yellow callout boxes with red arrows point to the 'Book Name' and 'Category' fields, with the text 'Name Your Book' and 'Select Age Group' respectively. The 'Category' dropdown is open, showing options: 'select', 'select', 'Adult', 'High School' (highlighted), 'Middle School', and 'Elementary School'. A 'Save' button is visible next to the dropdown. Below the form is a dark grey 'Instructions:' box with four numbered steps. On the left, a sidebar contains navigation links for '1 Techniques In Book', '2 Upload Introduction', '3 Create Front Cover', and '4 Create Back Cover', along with 'DOWNLOAD BOOK' and 'CREATE NEW BOOK' buttons. On the right, a 'REVIEW TECHNIQUES' modal window is open, showing a table with columns: 'TECHNIQUE NAME', 'DESCRIPTION', 'OBJECTIVE', 'VIEW', 'MORE INFO', and 'PAGE COUNT'. The table is currently empty. A 'PRINT TECHNIQUE TABLE' button is located above the table.

Book Name*
Helping Your with Your Problems

Category:
select
select
Adult
High School
Middle School
Elementary School

Instructions:

1. Go through steps 1-4 to on the left navigation to create a book for this client.
2. When you are done, click "Download Book".
3. You can create a new book for a group by clicking "Create New Book".
4. If you want to edit any book you have previously created, click "Create New Book" and then click the blue notebook to see a list of all the books you have created.

[Click here to see tutorials.](#)

REVIEW TECHNIQUES
Instructions: These are the techniques you have selected for your Workbook. You can print the Table of Techniques to use as a way to keep track of assignments.

Total pages in book: 0

TECHNIQUE NAME	DESCRIPTION	OBJECTIVE	VIEW	MORE INFO	PAGE COUNT
----------------	-------------	-----------	------	-----------	------------

[PRINT TECHNIQUE TABLE](#)

You can create a generic book the same way you would create an individual book, BUT the software does not suggest worksheets, so you will start with **Add Techniques From Database.**

Instructions:

1. Go through steps 1-4 to on the left navigation to create a book for this client.
2. When you are done, click "Download Book".
3. You can create a new book for a group by clicking "Create New Book".
4. If you want to edit any book you have previously created, click "Create New Book" and then click the blue notebook to see a list of all the books you have created.

[Click here to see tutorials.](#)

Adult
High School
Middle School
Elementary School

1 Techniques In Book

- Add Techniques From Database
- Upload techniques

2 Upload Introduction

3 Create Front Cover

4 Create Back Cover

DOWNLOAD BOOK

CREATE NEW BOOK

REVIEW TECHNIQUES

Instructions: These are the techniques you have selected for your Workbook. You can print the Table of Techniques to use as a way to keep track of assignments.

Total pages in book: 0

TECHNIQUE NAME	DESCRIPTION	OBJECTIVE
----------------	-------------	-----------