

## CLIENT RIGHTS AND EXPECTATIONS

*(client with substance abuse issues)*

### Client Rights

I understand I have the right to treatment, and that I am voluntarily seeking services.

I have the right to individual privacy and respect. My problems do not diminish my intrinsic worth as a human being.

There will not be any prejudicial treatment because of age, sex, race, religion, or cultural background.

I have the right to know my diagnosis, evaluation details, treatment goals, and the methods recommended to attain those goals. I will be involved in establishing my treatment goals.

If I am not satisfied in any way with answers or treatment provided, I have the right and responsibility to discuss these with the Director.

I understand my right to confidentiality includes the following:

- my presence in therapy is not to be disclosed to anyone without my permission
- no portion of my clinical records may be disclosed to anyone without my permission
- my condition, progress, or any other information concerning me may not be disclosed to anyone without my permission
- by law, all suspected cases of child, disabled, or elder abuse/neglect must be reported to the Department of Children & Families
- my therapist is required to warn individuals whose lives are known to be in danger

I have the right to report client abuse by calling \_\_\_\_\_  
(organization) at (     ) \_\_\_\_\_ (phone number).

### Client Expectations

- maintain regular and consistent attendance to individual and/or group counseling sessions
- show evidence of motivation to change and to participate in treatment
- remain alcohol and drug free or work at a specifically developed Responsible Drinking Treatment Plan.

**Treatment will be extended if unable to maintain abstinence or comply with other treatment expectations.**

For D.U.I.-related substance abuse counseling you are expected to:

- attend counseling regularly
- go to self-help meetings
- stay sober
- be responsible for payment at time of services.

Generally accepted hygiene practices are encouraged and a copy of infection control policies is available.

There shall be no violence or threats of physical violence in group settings.

Other individuals' confidentiality must be respected. No discussion of other individuals outside the group setting is acceptable.

These rules were designed to foster the safety and trust necessary for a positive therapeutic environment.

Prescription drug use must be reported and verified by your prescribing doctor.

Client printed name: \_\_\_\_\_ Date: \_\_\_\_\_

Client signature: \_\_\_\_\_